

keeps off flies and musquitoes. It scarcely need be pointed out how offensive such a practice may occasionally prove, and that when the servant drops asleep while performing his tedious office, the master generally will be awaked. Some, of the natives especially, cannot go to sleep without being lulled thereto, by means of an operation called by Europeans *shampooing*. This consists in a gentle pressure of the feet and legs, as also of the arms and hand, or, occasionally, of the body also, between the hands of the operator, who passes either slowly, or rather rapidly, according to the fancy of his, or her, master, from one part to another. That considerable relief is obtained from *shampooing*, cannot be doubted; I have repeatedly been restored surprizingly from severe fatigue, as well as from a certain langor and watchfulness, common in hot climates, and no doubt proceeding from indigestion, or from a nervous affection, merely by having my feet gently pressed in this manner. It is curious, that Captain Cook should have found this custom to be prevalent in the Island of Tongataboo, where it is called '*toogey-toogey*,' in allusion to the beating of a drum with the fists. Now, the common small drums used in India, which are suspended in front of the body, are called '*doog-doogies*,' and, in some places, the natives of India, *shampo*, by beating with the fists, calling the operation, not by the