

THE

*EAST INDIA*

V A D E - M E C U M.

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FOR some months, generally during the latter part of the rains, the weather is so close and sultry, that universal exudation takes place, even while sitting quiet. The natives, as I remarked in the outset of this subject, have, from experience, adopted a very different mode from that we should have expected to find in use, under such a latitude. We should, no doubt, have been prepared to see airy habitations, through which the wind could pass freely in every direction. But it is far otherwise; and Europeans have, at length, become convinced, that the most insupportable heats are derived from the glare of light objects; or, in other words, from the reflection of surfaces intensely acted upon by a vertical sun.

Some conception may be formed of that intensity, from the fact of meat having been broiled